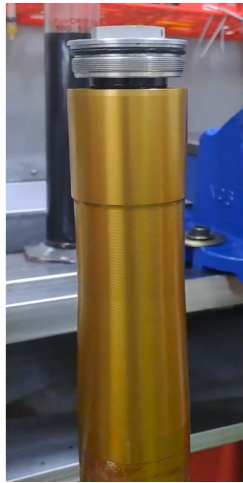


Manual FORK SPRING KIT FOR HONDA CRF

1. Put the motorcycle on the work stand so that the front wheel barely touch the ground. Make sure the motorcycle is in a stable position.
2. Loosen the screws of the triple clamp.
3. Remove both fork legs as per vehicle service manual instructions.
4. Remove the original top cap and spring.



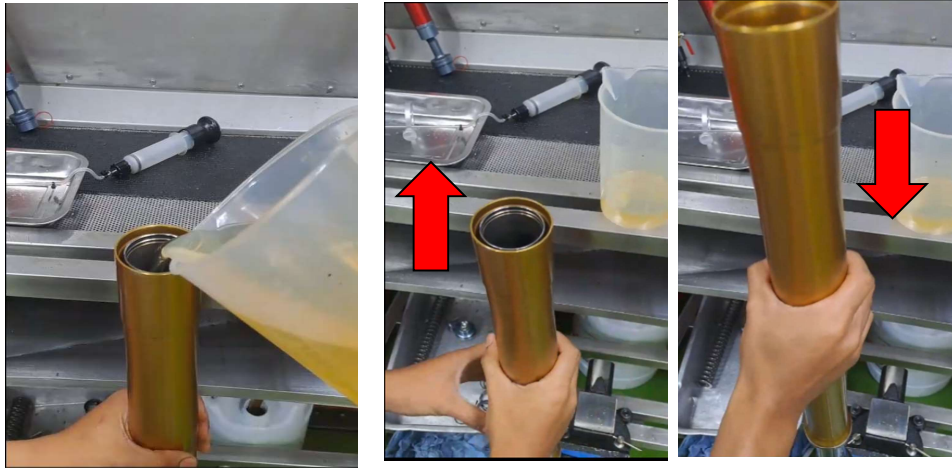
5. Remove the circlip, washer and top out rubber.



6. Remove the original spring

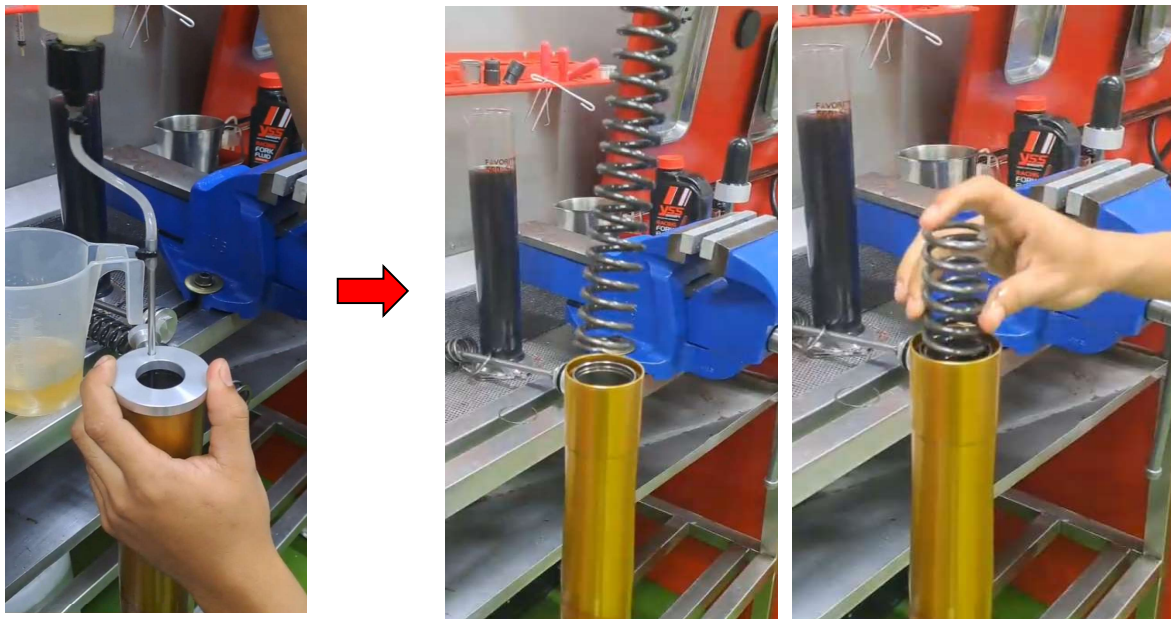


7. Remove the original fork oil and clean the cylinder
8. Add oil to the front suspension YSS 20W and bleed the air out of the FRONT FORK.



9. Oil volume according to the table below, then install the YSS SPRING.

Model	Spring side	Damp. side	
Oil volume (20W)	CRF 250L	620 CC.	650 CC.
	CRF 250M	650 CC.	670 CC.
	CRF 250 Rally	550 CC.	675 CC.
	CRF 300	630 CC.	680 CC.



10. Install the top cap to damper rod as per manufacturers specs and then re-install both fork legs as per vehicle service manual instructions.